### Whole Health Wellness Plan \$150/Month

The choice is yours! Any two services each month!

- Acupuncture
- ETPS (Neuro-Mechanical Needless Acupuncture)
- · Massage Swedish, or deep tissue
- · Organic Express Hydrating Facial



# Nutrition

# Whole Health Natural Weight Loss Program

- · Holistic Weight Loss Acupuncture & Moxa Treatment
- 2 Acupuncture & 1 Moxa treatments \$230

\$900/5treatments

- DNA Gene Based Weight Loss \$59/2 bottles
- Medical Weight Loss Meal Plan
  \$299/month
- DNA Test with one month Free personalized nutrition &
- weight management supplements \$239





Washington D. C.

6910 Richmond Highway Alexandria, VA 22306 WholeHealthMedspa@gmail.com (571) 357-2229 (703)373-3677



New York

34 Howard St. New York, NY 10013 212-625-8966

www.WholeHealthMedSpa.com



Natural · Organic · Vegan

We heal you naturally, beautify you organically!



www.WholeHealthMedicalCenters.com

Mon-Sunday 8:00AM-8:00PM

### CHINESE MEDICINE

| Consultation & Acupuncture (First Treatment) | \$120     |
|--|-----------|
| Acupuncture (Follow Up Treatment)            | \$85      |
| Moxibustion                                  | \$60      |
| Tai Chi Therapy                              | \$65      |
| ETPS (Neuro-Mechanical Needless Acupunctu    | ire) \$85 |
| ETPS with Medical Massage 60 Min             | \$135     |
|  |           |

(Non-invasive chronic pain eradication therapy that uses acupuncture points, motor nerve points and trigger points to stimulate the body's natural healing)

#### Packages:

| 5 Treatments of Acupuncture or ETPS  | \$400 |
|--------------------------------------|-------|
| 10 Treatments of Acupuncture or ETPS | \$750 |
| 5 ETPS with Medical Massage          | \$600 |

## FACIAL TREATMENTS

| Organic Anti-Aging Facial              | 60 | Min | \$135 |
|--|----|-----|-------|
| Organic Antioxidant/Hydrating Facial   | 60 | Min | \$120 |
| Organic Oxygen Facial                  | 60 | Min | \$225 |
| Organic Gentleman's Facial             | 60 | Min | \$135 |
| Microdermabrasion Facial               | 60 | Min | \$145 |
| Organic Express Facial                 | 30 | Min | \$60  |
| Lypossage Zone 3 - Facial Rejuvenation | 30 | Min | \$95  |
| Acupuncture Face Lift                  |    |     | \$150 |
| DNA Facial Peel Treatment              |    |     | \$120 |

### MASSAGES

| Swedish/Deep Tissue            | 30/60/90 Min          | \$55/\$85/\$135   |
|--------------------------------|-----------------------|-------------------|
| Hot Stone Massage              | 60 Min                | \$120             |
| Medical Massage                | 60 Min                | \$95              |
| Massage Cupping                |                       | \$45              |
| Organic Prenatal Massa         | ge 60 Min             | \$90              |
| Couple's Massage               | 60 Min/Each           | \$150             |
| Therapeutic Massage w          | ith Detox Foot ba     | th 60 Min \$110   |
| Aromatherapy Massage           |                       | \$120             |
| Raindrop Technique Ess         | sential Oil Treatm    | ent60 Min \$120   |
| This treatment that combines   |                       |                   |
| massage strokes to correct spi | inal curvatures/boost | immune system and |
| help with inflammation.        |                       |                   |
| Packages:                      |                       |                   |

\$400

\$750

60 Min \$320

5 Massage (1 HR) Treatments

10 Massage Treatments

3 Raindrop Technique

### REFLEXOLOGY

| Level I /II / III | 60 / 90 / 105 Min | \$90/\$100/\$110  |
|-------------------|-------------------|-------------------|
| Packages:         |                   |                   |
| 5 Treatments      |                   | \$400/\$450/\$500 |
| 10 Treatments     |                   | Get One FREE!     |

#### MEDSPA TREATMENTS

| Botox and dermal fillers (Juvederm & Restylane) |               |  |
|---|---------------|--|
| Consultation                                    | \$85          |  |
| Botox Treatment                                 | \$15/Per Unit |  |
| Juvederm Filler Treatment                       | \$499         |  |
| Botox & Juvederm Duet Treatments                | \$699         |  |
| Vi Peel   | \$375         |  |
| Peel Booster                                    | \$50          |  |
| Neck Pigment Therapy                            | \$250         |  |
| Photo Rejuvenation                              | \$250         |  |
| Acne Photo Therapy Treatment                    | \$200         |  |
| Non-surgical Face & Neck Lift                   | \$250         |  |
| Photo Rejuvenation                              | \$425         |  |
| Smoking Cessation                               | \$300         |  |
|   |               |  |

## WELLNESS TREATMENTS

| DNA Test with Essential Su | pplements & Weight  | Genius   | \$239  |
|----------------------------|---------------------|----------|--------|
| DNA Test with Nutrition Su | ipplements          |          | \$199  |
| DNA Test with Personalize  | d Skin Repair Serum | \$129/r  | nonth  |
| Weight Loss Management     | 30 day meals        | \$ 289/m | onth*  |
| REIKI                      |                     | \$120/se | ession |

#### MENTAL HEALTH TREATMENTS

| Emotional wellbeing evaluation assessment &     |         |
|---|---------|
| Treatment                                       | \$200   |
| 1st Session; \$100 follow up sessions \$100/per | session |
| Counseling therapy and medications              | \$100   |

# IPL HAIR REMOVAL, WAXING & THREADING

| Consultation                                       | \$85  |
|--|-------|
| Bikini Lines Hair Removal Treatment & Consultation | \$335 |
| (Pricing will be based on the treatment areas)     |       |

### **BODY TREATMENTS**

| Whole Health Signature Body Treatment - In     | nfrared |       |  |
|--|---------|-------|--|
| Slimming Body Wrap burns 1800 calories in      | ONE     |       |  |
| treatment! Helps to alleviate Arthritis, Joint | Pains,  |       |  |
| Bad Circulation, and Sleep Disorder!           |         |       |  |
| Infrared Slimming Body Wrap 90 Min             |         |       |  |
| Cellulite & Slimming Body Wrap                 | 60 Min  | \$120 |  |
| Organic Antioxidants Blueberry Soy Scrub       | 60 Min  | \$120 |  |
| Cell Rejuvenation Body Scrub                   |         | \$120 |  |
| Organic Deep Hydrating Coconut Scrub &V        | Vrap    |       |  |
|  | 60 Min  | \$120 |  |
| Package:                                       |         |       |  |

#### Package

Buy 5 Sessions get 1 FREE!

## ADD-ONs

| Arm Massage                  | 15 Min | \$30  |
|------------------------------|--------|-------|
| Head Massage                 | 15 Min | \$20  |
| Foot Detox                   | 30 Min | \$45  |
| Hand and Foot Massage        | 15 Min | \$20  |
| Organic Eye or Lip Treatment | 15 Min | \$20  |
| Organic Hands Treatment      | 15 Min | \$20  |
| Organic Mini Facial          | 30 Min | \$30  |
| Microdermabrasion Facial     |        | \$120 |
| Hot Stone Massage            | 15 Min | \$30  |
| Massage Cupping              | 15 Min | \$25  |
|                              |        |       |